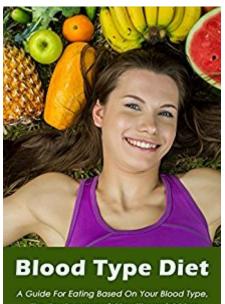
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Blood Type Diet: A Guide For Eating Based On Your Blood Type, The Key To Successful Healthy Weight Loss



The Key to successful healthy weight loss

Gloria de Anya



Synopsis

Your blood type reflects body biochemistry. It is the key that unlocks the mysteries of disease, weight loss, fitness, diet and emotional strength. It determines your susceptibility to lose weight and illness, the foods you should eat, and ways to avoid the most troubling health problems. Blood Type Diet, this book reveals how you can live a better life and will give you individualized prescriptions according to blood type to achieve your weight loss goals. Blood Type Diet also shows a clear, simple life plan that everyone can follow and provides many easiest ways to determine your blood type to lose weight and diet for your blood type. Here is a breakthrough book that will change the way we eat and live. (The Diet, Weight loss, Healthy Weight loss, Blood Type Diet, The Blood Type Diet, The Fast Diet, Lose weight fast)

Book Information

File Size: 142 KB Print Length: 22 pages Simultaneous Device Usage: Unlimited Publication Date: May 16, 2015 Sold by: Â Digital Services LLC Language: English ASIN: B00XTALP2A Text-to-Speech: Enabled X-Ray: Not Enabled Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Enabled Best Sellers Rank: #668,730 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #21 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diets & Weight Loss > Diets > Blood Type Diets #78 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Blood Type Diets #1466 in Kindle Store > Kindle Short Reads > 45 minutes (22-32 pages) > Health, Fitness & Dieting

Customer Reviews

This is one of the most awful books I have ever bought. It feels like it was written by someone who doesn't speak English. Broken English, poor grammar, etc. Could barely read it or make sense of it. I only paid 99 cents for it and I still feel like I wasted my money! Don't bother to purchase.

The grammar and/or typos were so bad that I had trouble understanding the point that the author was trying to get across.

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